PREPAREDNESS GUIDE
A Guide to Protect You and Your Family

Courtesy of Senator Phil Boyle
Senate District
Dear Neighbor,

As Long Islanders, we are acutely aware of the very serious weather threats we face. Last year, Superstorm Sandy served as an all too real reminder of the devastating impact severe weather can inflict on our homes and way of life.

While the damage may have been overwhelming, we have once again proven that we are strong and resilient, persevering against the obstacles Mother Nature puts in our path.

Preparing for disasters can be a long and involved process; that is why I am providing you with this comprehensive brochure. The brochure contains a checklist, emergency contact information and other useful resources to help you and your family prepare.

Though preparing for an emergency is daunting, the peace of mind that comes from it makes it worthwhile. The end result of a few simple tasks can make all the difference when it comes to the safety and well-being of you and your family.

I urge you to take a few minutes to review this guide and do all you can to proactively prepare for when disaster strikes. As always, if you have any questions or concerns, please don’t hesitate to contact me.

Sincerely,

Senator Phil Boyle
4th Senate District

THE FIVE MOST USEFUL TIPS IN TIMES OF CRISIS

1. BEFORE A HURRICANE OR SERIOUS STORM STRIKES, BE SURE TO TAKE ALL MEASURES TO PROTECT YOUR HOME. Secure any loose items around your property including boats, shutters, and outdoor furniture. Do not forget to tape or board all windows to keep them protected in the case of high winds.

2. PREPARE FOR AN EMERGENCY EVACUATION. You should be tuned into local radio and television stations for instructions on evacuation routes pertaining to your area. Be sure to have your car fueled, and know ahead of time how to turn off your water, gas, and electricity main valves.

3. DISCUSS A FAMILY ESCAPE PLAN. Should it be necessary to evacuate your home during a disaster, your family should have a system for leaving and practice that plan periodically. Families ought to establish a meeting place outside the neighborhood too, in the event that a family member cannot return home.

4. DESIGNATE AN OUT-OF-STATE FRIEND AS A CONTACT PERSON. It may be easier to contact someone from a different area if your family gets separated.

5. MAKE DISASTER PREPAREDNESS A COMMUNITY ACTIVITY. If you are a member of a neighborhood organization or have a special skill, it should be known in your town. Know which neighbors in the community are elderly or have special needs, and need assistance in the case of a storm.

APPLYING FOR ASSISTANCE FROM FEMA

The Federal Emergency Management Agency (FEMA) can help those who have been affected by disasters. This federal agency provides funds for temporary housing, permanent housing construction, medical needs, etc.

If your home is in a designated flood zone, you will need to have flood insurance in place before a storm. When property has been damaged, and it is not covered by insurance, financial assistance is available through the Individuals and Households Program (IHP)

To learn more about FEMA assistance please visit: www.fema.gov.
BUILD YOUR ESSENTIAL EMERGENCY KIT
(Emergency Officials Recommend Also Preparing a Smaller Kit to Place in Your Car)

HOUSEHOLD PREPAREDNESS CHECKLIST
- Bottled water (7-10 day supply, 1-3 gallons per person)
- Nonperishable food (3-5 day supply, replace every six months)
- Battery-powered radio or television with extra batteries
- First aid kit
- Emergency whistle
- Moist towelettes and baby wipes
- Toiletries
- Manual can opener
- Plastic sheeting and duct tape for shelter
- Unique family needs such as medication, infant formula, diapers and important family documents such as insurance policies

INFANTS' AND CHILDREN'S NEEDS CHECKLIST
- Baby formula and nonperishable food
- Toys (non-battery powered)
- Diapers & diaper rash cream
- Medications

DOCUMENTATION CHECKLIST
(All documents should be stored in waterproof and portable containers)
- Emergency contact information
- Copies of homeowners, auto and life insurance policies
- Inventory list of property
- Photo ID and proof of residence
- Bank and credit card information
- Social Security card, wills, deeds, birth and marriage certificates

OTHER GENERAL ITEMS CHECKLIST
- Camera and film to record any damages
- Cash (ATM's may not work)
- Charcoal for grill, lighter fluid or full tank of propane for gas grills (for outdoor use only)
- Extra cell phone battery (charged)
- Garbage bags
- Lanterns
- Pet food & other pet needs
- Sturdy rubber boots for floods
- Fire extinguisher
- Special items for the elderly
- Toilet tissues, paper towels and work gloves

PET NEEDS CHECKLIST
- Pet carrier/cage with toy
- Food and water
- Leash/harness with ID tag

District Office:
69 West Main St., Ste. B
Bay Shore, NY 11706
Phone: (631) 665-2311

[Image of a person]
THE 2013 SANDY RECOVERY PACKAGE

October 29, 2012, remains a day generations of Long Islanders will never forget; as Superstorm Sandy made landfall and left thousands to face immense devastation, prolonged power outages and a long road to recovery.

Since that day, we have learned a lot about our state of readiness and how to better respond to storms like Superstorm Sandy. As a result, the New York State Senate established a Bipartisan Task Force on Hurricane Sandy. The Task Force set out to create recommendations on storm relief, aid recovery efforts and assist in future disaster planning.

As a result of the Task Force’s findings, the State Senate took action by passing Senator Boyle’s 2013 Sandy Recovery Package. This will help ensure that our local families, neighborhoods and businesses will come back stronger than ever and better prepared for future storms.

The Sandy Recovery Package Includes:

- Tax assessment relief and assistance
- State insurance reforms to make sure homeowners get the help they need
- Additional support to help impacted municipalities, school districts, fire districts, and small businesses
- Enhanced oversight for Superstorm Sandy Recovery Funds

To read more about the many other provisions of the 2013 Sandy Recovery Package please visit: www.boyle.nysenate.gov.

IMPORTANT PHONE NUMBERS AND WEBSITES

For disaster-related text updates, please visit www.nyalert.gov

New York State Emergency Management Office
(LI Regional Office)
631-952-6322
www.dhsses.ny.gov

Federal Emergency Management Agency (FEMA)
1-800-621-FEMA
www.fema.gov

Suffolk County Office of Emergency Management
631-852-4900
www.suffolkcountyny.gov

American Red Cross
(Suffolk County Office)
631-924-6700
http://suffolkcounty.redcross.org
www.redcross.org

Long Island Power Authority (LIPA)
631-755-6900
1-800-490-0075

National Grid
(emergency gas safety service)
1-800-490-0045

National Weather Service
www.weather.gov

Disaster Assistance
www.disasterassistance.gov

National Flood Insurance Program
www.floodsmart.gov

Rebuild NY Now
www.rebuildynynow.org

New York Rising
www.nysandyhelp.ny.gov

Catholic Charities
www.catholiccharities.cc
631-608-8882

Pet Safe Coalition
516-404-5513
www.petsafecoalition.org

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